

Prueba 1  
22/11/2025

Masc., 200m Libre

Absoluto Masculino  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Tiempo	Pts
1. ALONSO DOMINGUEZ, Manuel	00	C.N. Metropole	<b>1:54.63</b>	636
50m: 26.96 26.96 100m: 55.64 28.68 150m: 1:25.26 29.62 200m: 1:54.63				29.37
2. MANZATTO VACCARO, Nicolas	06	Esna Lanzarote	<b>1:54.77</b>	634
50m: 26.85 26.85 100m: 56.14 29.29 150m: 1:25.90 29.76 200m: 1:54.77				28.87
3. COLODRERO MUÑOZ, Ivan	09	Esna Lanzarote	<b>1:56.60</b>	604
50m: 27.40 27.40 100m: 56.62 29.22 150m: 1:26.64 30.02 200m: 1:56.60				29.96
4. RAMIREZ MORALES, Sergio C.	03	Cn.Salinas Sta.Lucia	<b>2:00.23</b>	551
50m: 27.80 27.80 100m: 57.21 29.41 150m: 1:28.38 31.17 200m: 2:00.23				31.85
QUILES PEÑATE, Jose Antonio	09	C.N. Metropole	<b>2:00.23</b>	551
50m: 27.33 27.33 100m: 57.03 29.70 150m: 1:28.56 31.53 200m: 2:00.23				31.67
6. GUILLEN PEÑA, Victor	02	C.P.Santa Mª De Guía	<b>2:01.37</b>	536
50m: 28.18 28.18 100m: 58.38 30.20 150m: 1:29.69 31.31 200m: 2:01.37				31.68
7. CHAVARREN CORUJO, Asier	98	C.N. Aguacan	<b>2:01.98</b>	528
50m: 27.59 27.59 100m: 57.83 30.24 150m: 1:29.79 31.96 200m: 2:01.98				32.19
8. MAÑOJIL CABRERA, Sergio	05	C.N. Aguacan	<b>2:02.98</b>	515
50m: 26.75 26.75 100m: 56.21 29.46 150m: 1:28.97 32.76 200m: 2:02.98				34.01
9. TOBAL FEBLES, Gabriel	10	C.D. Herbania	<b>2:04.88</b>	492
50m: 28.66 28.66 100m: 1:00.21 31.55 150m: 1:33.21 33.00 200m: 2:04.88				31.67
10. ALAMO ESPINO, Joaquin	09	Club Deportivo Agaeterun	<b>2:06.59</b>	472
50m: 29.02 29.02 100m: 1:00.62 31.60 150m: 1:34.05 33.43 200m: 2:06.59				32.54
11. ESTRADA GARCIA, Borja	11	C.D. Nonadamos	<b>2:11.21</b>	424
50m: 30.05 30.05 100m: 1:03.68 33.63 150m: 1:38.62 34.94 200m: 2:11.21				32.59
12. DIAZ ALAMO, Matias	11	Club Deportivo Agaeterun	<b>2:11.56</b>	421
50m: 30.97 30.97 100m: 1:04.58 33.61 150m: 1:38.79 34.21 200m: 2:11.56				32.77
13. MATEO HERNANDEZ, Alexis	10	C.N. Valleverde	<b>2:14.89</b>	390
50m: 30.69 30.69 100m: 1:04.70 34.01 150m: 1:40.18 35.48 200m: 2:14.89				34.71
14. HERNANDEZ ROCIO, Francisco Javier	10	C.N. Valleverde	<b>2:21.50</b>	338
50m: 30.87 30.87 100m: 1:05.12 34.25 150m: 1:43.24 38.12 200m: 2:21.50				38.26
15. DIAZ VERDE, David	07	Cn.Salinas Sta.Lucia	<b>2:21.83</b>	336
50m: 33.01 33.01 100m: 1:09.84 36.83 150m: 1:46.82 36.98 200m: 2:21.83				35.01
16. HERNANDEZ SANTANA, Erik	11	C.N. Carucagua	<b>2:26.21</b>	306
50m: 33.22 33.22 100m: 1:10.91 37.69 150m: 1:49.88 38.97 200m: 2:26.21				36.33
17. HERNANDEZ CURBELO, Unai	10	C.D. Nonadamos	<b>2:34.02</b>	262
50m: 35.72 35.72 100m: 1:15.09 39.37 150m: 1:55.40 40.31 200m: 2:34.02				38.62
18. CARRERO SERRANO, Gabriel Jhosue	13	C.D. Herbania	<b>2:35.13</b>	256
50m: 36.13 36.13 100m: 1:16.05 39.92 150m: 1:56.84 40.79 200m: 2:35.13				38.29
19. CARRETERO LLARENA, Yeron	10	C.N. Villa De Agüimes 2016	<b>2:36.19</b>	251
50m: 34.28 34.28 100m: 1:13.64 39.36 150m: 1:55.93 42.29 200m: 2:36.19				40.26

Prueba 1, Masc., 200m Libre, Absoluto Masculino

Clasificación	AN		Tiempo	Pts
20. QUINTANA BENITEZ, Luis	11	C.N. Carucagua	<b>2:36.41</b>	250
50m: 35.50 35.50 100m: 1:14.49		38.99 150m: 1:56.38 41.89	200m: 2:36.41	40.03
21. TACORONTE PEREZ, Francisco	12	C.P.Santa Mª De Guia	<b>2:52.31</b>	187
50m: 37.23 37.23 100m: 1:20.11		42.88 150m: 2:05.81 45.70	200m: 2:52.31	46.50
DSQ RODRIGUEZ SANTANA, Mario	13	C.N. Villa De Agüimes 2016		
Baja CABRERA WINTER, Alvaro	01	C.N..Faynagua C. Telde		

Prueba 2  
22/11/2025

Fem., 400m Estilos

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Tiempo	Pts
1. DENBY, Kennedy Hope	05	C.N. Las Palmas	<b>4:59.66</b>	619
50m: 31.67 31.67 150m: 1:45.50		38.52 250m: 3:06.79 43.07	350m: 4:26.11	34.98
100m: 1:06.98 35.31 200m: 2:23.72		38.22 300m: 3:51.13 44.34	400m: 4:59.66	33.55
2. HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas	<b>5:04.14</b>	592
50m: 31.65 31.65 150m: 1:45.97		38.02 250m: 3:06.38 43.46	350m: 4:27.69	36.89
100m: 1:07.95 36.30 200m: 2:22.92		36.95 300m: 3:50.80 44.42	400m: 5:04.14	36.45
3. WOOD MESA, Maria	12	C.N. Metropole	<b>5:11.70</b>	550
50m: 33.15 33.15 150m: 1:52.41		41.33 250m: 3:15.42 43.50	350m: 4:36.54	37.24
100m: 1:11.08 37.93 200m: 2:31.92		39.51 300m: 3:59.30 43.88	400m: 5:11.70	35.16
4. JOVER RODRIGUEZ, Ana	11	C.N. Metropole	<b>5:33.63</b>	449
50m: 35.26 35.26 150m: 2:01.45		43.95 250m: 3:29.96 45.98	350m: 4:57.59	39.65
100m: 1:17.50 42.24 200m: 2:43.98		42.53 300m: 4:17.94 47.98	400m: 5:33.63	36.04
5. SARMIENTO NARANJO, Carla	09	C.N. Villa De Agüimes 2016	<b>5:35.57</b>	441
50m: 35.02 35.02 150m: 1:59.30		43.50 250m: 3:29.83 47.70	350m: 4:58.54	39.65
100m: 1:15.80 40.78 200m: 2:42.13		42.83 300m: 4:18.89 49.06	400m: 5:35.57	37.03
6. BONILLA BORDON, Ines	06	C.N. Aguacan	<b>5:41.36</b>	419
50m: 34.62 34.62 150m: 1:58.84		43.85 250m: 3:30.60 49.77	350m: 5:01.44	41.01
100m: 1:14.99 40.37 200m: 2:40.83		41.99 300m: 4:20.43 49.83	400m: 5:41.36	39.92
7. ALAMO MATOS, Ariadna	09	C.N. Carucagua	<b>5:46.19</b>	401
50m: 36.86 36.86 150m: 2:02.16		42.81 250m: 3:37.31 52.41	350m: 5:08.91	38.96
100m: 1:19.35 42.49 200m: 2:44.90		42.74 300m: 4:29.95 52.64	400m: 5:46.19	37.28
8. SUAREZ MACIAS, Gabriela	09	C.N. Aguacan	<b>5:46.52</b>	400
50m: 34.68 34.68 150m: 2:01.14		45.33 250m: 3:36.48 51.36	350m: 5:08.49	40.28
100m: 1:15.81 41.13 200m: 2:45.12		43.98 300m: 4:28.21 51.73	400m: 5:46.52	38.03
9. PEREZ MUÑOZ, Claudia	08	Esna Lanzarote	<b>5:50.90</b>	385
50m: 36.06 36.06 150m: 2:05.01		46.57 250m: 3:39.41 49.41	350m: 5:13.50	42.94
100m: 1:18.44 42.38 200m: 2:50.00		44.99 300m: 4:30.56 51.15	400m: 5:50.90	37.40
10. FALCON AFONSO, Ines	13	C.N. Carucagua	<b>5:56.23</b>	368
50m: 36.04 36.04 150m: 2:04.62		44.50 250m: 3:42.06 54.71	350m: 5:18.88	40.34
100m: 1:20.12 44.08 200m: 2:47.35		42.73 300m: 4:38.54 56.48	400m: 5:56.23	37.35

Prueba 2, Fem., 400m Estilos, Absoluto Femenino

Clasificación	AN		Tiempo	Pts
11. PEREZ CERVILLA, Carla	09	C.D. Nonadamos	<b>6:04.87</b>	343
50m: 40.52 40.52 150m: 2:13.32 45.61 250m: 3:49.78 52.16 350m: 5:25.81 42.12				
100m: 1:27.71 47.19 200m: 2:57.62 44.30 300m: 4:43.69 53.91 400m: 6:04.87 39.06				
12. CEDRES ESPINOSA, Martina	09	Esna Lanzarote	<b>6:15.71</b>	314
50m: 38.36 38.36 150m: 2:14.88 48.48 250m: 3:55.20 53.27 350m: 5:33.31 42.68				
100m: 1:26.40 48.04 200m: 3:01.93 47.05 300m: 4:50.63 55.43 400m: 6:15.71 42.40				
13. PEREZ CERVILLA, Alba	12	C.D. Nonadamos	<b>6:24.86</b>	292
50m: 41.81 41.81 150m: 2:20.12 48.35 250m: 4:03.36 54.56 350m: 5:42.79 44.20				
100m: 1:31.77 49.96 200m: 3:08.80 48.68 300m: 4:58.59 55.23 400m: 6:24.86 42.07				
14. TOBAL FEBLES, Helena	13	C.D. Herbania	<b>6:26.56</b>	288
50m: 40.27 40.27 150m: 2:17.19 49.01 250m: 4:03.91 57.61 350m: 5:46.05 42.96				
100m: 1:28.18 47.91 200m: 3:06.30 49.11 300m: 5:03.09 59.18 400m: 6:26.56 40.51				
15. JIMENEZ PINEDA, Leyre	12	Cn.Salinas Sta.Lucia	<b>6:28.66</b>	284
50m: 42.92 42.92 150m: 2:28.25 51.15 250m: 4:07.20 49.50 350m: 5:46.82 46.42				
100m: 1:37.10 54.18 200m: 3:17.70 49.45 300m: 5:00.40 53.20 400m: 6:28.66 41.84				
16. NARANJO NOVAL, Lucia	10	C.D. Herbania	<b>6:34.32</b>	271
50m: 41.79 41.79 150m: 2:21.22 46.68 250m: 4:05.15 57.09 350m: 5:51.49 46.63				
100m: 1:34.54 52.75 200m: 3:08.06 46.84 300m: 5:04.86 59.71 400m: 6:34.32 42.83				
17. NAVARRO PARRILLA, Aisha	11	C.N. Valleverde	<b>7:06.41</b>	215
50m: 42.00 42.00 150m: 250m: 350m:				
100m: 1:34.59 52.59 200m: 3:22.85 300m: 5:26.89 400m: 7:06.41				
DSQ PEREZ SUAREZ, Laura	01	C.N..Faynagua C. Telde		
<i>DNI - Desc Nado Irregular</i>				
Baja GIL ALAMO, Samirah	13	Club Deportivo Agaeterun		
Baja MARTEL TORRES, Carmen	13	Cn.Salinas Sta.Lucia		

Prueba 3  
22/11/2025

Masc., 50m Espalda

Absoluto Masculino  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Tiempo	Pts
1. MARTIN SUAREZ, Alejandro	00	C.N. Aguacan	<b>28.38</b>	472
2. VILLANUEVA JODKO, Aleksander	08	Cn.Salinas Sta.Lucia	<b>28.63</b>	460
3. SALUTREGUI GOMEZ, Nicolas	01	C.N. Aguacan	<b>28.89</b>	448
4. ARANDA GALLEGO, Jose Juan	75	Esna Lanzarote	<b>29.54</b>	419
5. ALEMAN LOPEZ, Hugo	09	C.N. Metropole	<b>29.62</b>	415
6. CARRERO SERRANO, Marcos Daniel	09	C.D. Herbania	<b>29.70</b>	412
7. GARCIA CARRETERO, Nicolas	09	C.N. Metropole	<b>30.30</b>	388
8. RIOS ROMERO, Joaquin	04	C.D. Nonadamos	<b>30.31</b>	388
9. RAMIREZ MORALES, Sergio C.	03	Cn.Salinas Sta.Lucia	<b>30.98</b>	363
10. MONZON HENRIQUEZ, Hugo	10	Club Deportivo Agaeterun	<b>31.01</b>	362
11. GUTIERREZ MORENO, Lucas Del Carr	11	Club Deportivo Agaeterun	<b>31.94</b>	331
12. CAMPANALUNGA MORALES, Enzo	08	C.N..Faynagua C. Telde	<b>31.99</b>	330
13. PONCE PADRON, Ignacio	08	C.N. Carucagua	<b>32.16</b>	324

Prueba 3, Masc., 50m Espalda, Absoluto Masculino

Clasificación	AN		Tiempo	Pts
14. SOSA LA CAMERA, Daniel Nauzet	10	C.N. Valleverde	<b>32.93</b>	302
15. RODRIGUEZ PULIDO, Daniel	89	C.N. Valleverde	<b>32.96</b>	301
16. QUINTANA BENITEZ, Marcos	09	C.N. Carucagua	<b>33.64</b>	283
17. DASCULTU, Vlad Gabriel	12	Esna Lanzarote	<b>35.06</b>	250
18. SANTANA ACUÑA, Gorka	09	C.D. Nonadamos	<b>35.52</b>	241
19. PADRON GARCIA, Mauro	13	C.P.Santa Mª De Guia	<b>38.61</b>	187
20. CAMPANALUNGA MORALES, Fabio	10	C.N..Faynagua C. Telde	<b>38.88</b>	183
21. MATO VAZQUEZ, Rodrigo	13	C.D. Herbania	<b>40.65</b>	160
Baja SANTANA VALENTIN, Hector	08	C.N. Villa De Agüimes 2016		

Prueba 4  
22/11/2025

Fem., 50m Espalda

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Tiempo	Pts
1. RODRIGUEZ RIVERO, Paula	02	C.N. Las Palmas	<b>29.68</b>	614
2. CABALLERO MARTIN, Patricia	12	C.N. Metropole	<b>30.87</b>	545
3. SANTANA DRAGO, Leire	07	C.N. Las Palmas	<b>31.34</b>	521
4. QUINTILLA MODREGO, Laia	88	Club Deportivo Agaeterun	<b>31.56</b>	510
5. FERNANDEZ ANDRES, Lola	11	Cn.Salinas Sta.Lucia	<b>31.74</b>	502
6. HERNANDEZ CASTRILLO, Yessica	00	C.N. Aguacan	<b>31.87</b>	496
7. BATISTA RIOS, Marta	11	C.N. Metropole	<b>32.33</b>	475
8. VALIDO SANTANA, Andrea	01	C.N. Aguacan	<b>32.67</b>	460
9. RIJO MARTIN, Sara	08	Esna Lanzarote	<b>33.97</b>	409
10. DI BERNARDO, Lucrecia	13	Cn.Salinas Sta.Lucia	<b>35.06</b>	372
11. DUBOIS RIVERO, Lara	10	C.N. Villa De Agüimes 2016	<b>35.47</b>	359
12. GIMENEZ CASTILLA, Maria	07	C.N..Faynagua C. Telde	<b>35.91</b>	346
13. NUEZ CABRERA, Alba	09	C.N. Carucagua	<b>36.15</b>	339
14. ALAMO HERRERA, Julia	07	Club Deportivo Agaeterun	<b>36.21</b>	338
15. NAVARRO LUZARDO, Aranzazu	08	C.N. Carucagua	<b>37.14</b>	313
16. TABARES HERNANDEZ, Daniela	09	C.N. Valleverde	<b>37.66</b>	300
17. GARCIA PEREZ, Paola	06	C.P.Santa Mª De Guia	<b>38.28</b>	286
18. PEREZ LUIS, Lucia	08	C.D. Herbania	<b>39.08</b>	269
19. CONTESSI, Alice	12	C.N. Villa De Agüimes 2016	<b>40.26</b>	246
20. CEDRES ESPINOSA, Valeria	09	Esna Lanzarote	<b>40.92</b>	234
21. LOPEZ CELAYE, Emma Abril	12	C.D. Nonadamos	<b>41.07</b>	231
22. CONEJO GRIMON, Martina	11	C.D. Nonadamos	<b>43.00</b>	201
23. CARRASCOSA SANTAMARIA, Sara	08	C.N..Faynagua C. Telde	<b>43.63</b>	193
24. FERNANDEZ IBRAHIM, Maria Cristina	08	C.D. Herbania	<b>44.54</b>	181
25. SANTANA RODRIGUEZ, Laura	11	C.N. Valleverde	<b>45.03</b>	175
Baja FLEITAS DIAZ, Maria Edelmira	11	C.P.Santa Mª De Guia		

Prueba 5  
22/11/2025

Masc., 200m Mariposa

Absoluto Masculino  
Resultados

Puntos: AQUA 2025

Clasificación	AN									Tiempo	Pts
1. ACOSTA ARMAS, Agoney	07	C.N. Metropole								<b>2:14.04</b>	506
50m: 30.27 30.27	100m: 1:04.05	33.78	150m: 1:38.74	34.69	200m: 2:14.04	35.30					
2. TUYA TAVIO, Javier	09	C.N. Metropole								<b>2:16.22</b>	482
50m: 30.83 30.83	100m: 1:05.06	34.23	150m: 1:40.29	35.23	200m: 2:16.22	35.93					
3. VIERA VIERA, Acoran	03	C.D. Nonadamos								<b>2:19.87</b>	445
50m: 31.24 31.24	100m: 1:06.01	34.77	150m: 1:42.38	36.37	200m: 2:19.87	37.49					
4. OUBIÑA CORVALAN, Marcos A	05	Cn.Salinas Sta.Lucia								<b>2:23.89</b>	409
50m: 32.42 32.42	100m: 1:08.55	36.13	150m: 1:45.16	36.61	200m: 2:23.89	38.73					
5. AVERO RODRIGUEZ, Angel	11	C.D. Herbania								<b>2:29.24</b>	367
50m: 33.58 33.58	100m: 1:10.77	37.19	150m: 1:48.74	37.97	200m: 2:29.24	40.50					
6. SUAREZ BAEZ, Eloy	09	Cn.Salinas Sta.Lucia								<b>2:32.03</b>	347
50m: 33.64 33.64	100m: 1:11.95	38.31	150m: 1:51.94	39.99	200m: 2:32.03	40.09					
7. MATEOS SEGURA, Pablo	10	Club Deportivo Agaeterun								<b>2:35.17</b>	326
50m: 33.73 33.73	100m: 1:12.68	38.95	150m: 1:53.67	40.99	200m: 2:35.17	41.50					
8. SANTANA VALIDO, Alan	05	C.N. Aguacan								<b>2:40.96</b>	292
50m: 33.40 33.40	100m: 1:12.20	38.80	150m: 1:55.09	42.89	200m: 2:40.96	45.87					
9. DAMIANI, Giorgio	12	Club Deportivo Agaeterun								<b>2:43.68</b>	278
50m: 32.38 32.38	100m: 1:13.16	40.78	150m: 1:58.35	45.19	200m: 2:43.68	45.33					
10. PARDO, Alessandro Francesco	13	C.N. Villa De Agüimes 2016								<b>2:46.21</b>	265
50m: 34.77 34.77	100m: 1:15.68	40.91	150m: 2:00.75	45.07	200m: 2:46.21	45.46					
11. POLADASHVILI, Andria	11	C.N. Carucagua								<b>2:47.13</b>	261
50m: 34.53 34.53	100m: 1:15.53	41.00	150m: 2:01.02	45.49	200m: 2:47.13	46.11					
12. SANCHEZ RODRIGUEZ, Adrian	12	C.D. Nonadamos								<b>2:48.68</b>	254
50m: 36.70 36.70	100m: 1:18.35	41.65	150m: 2:02.74	44.39	200m: 2:48.68	45.94					
13. NUEZ CRUZ, Gadiel	09	C.N. Aguacan								<b>2:54.72</b>	228
50m: 36.00 36.00	100m: 1:18.01	42.01	150m: 2:03.57	45.56	200m: 2:54.72	51.15					
14. HERNANDEZ PEREZ, Abian	09	C.N. Valleverde								<b>2:58.03</b>	216
50m: 34.96 34.96	100m: 1:19.10	44.14	150m: 2:08.19	49.09	200m: 2:58.03	49.84					
15. GONZALEZ PATO, Asier	13	Esna Lanzarote								<b>3:08.63</b>	181
50m: 36.13 36.13	100m: 1:24.21	48.08	150m: 2:16.33	52.12	200m: 3:08.63	52.30					
16. GONZALEZ RODRIGUEZ, Javier	06	C.P.Santa Mª De Guia								<b>3:17.84</b>	157
50m: 37.73 37.73	100m: 1:23.39	45.66	150m: 2:17.26	53.87	200m: 3:17.84	1:00.58					
DSQ SANCHEZ NAVARRO, Ian	08	C.N. Valleverde									
DSQ CARAMES HUERTAS, Oriol	08	C.N..Faynagua C. Telde									
Baja CABRERA WINTER, Alvaro	01	C.N..Faynagua C. Telde									

Prueba 6  
22/11/2025

Fem., 200m Mariposa

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN									Tiempo	Pts
1. ULIBARRI SANCHEZ, Ines	09	C.N. Las Palmas								<b>2:18.10</b>	644
50m: 30.81 30.81 100m: 1:05.94		35.13 150m: 1:41.64	35.70	200m: 2:18.10		36.46					
2. FUENTES MONTES, Amaya	08	C.N. Las Palmas								<b>2:23.84</b>	570
50m: 32.32 32.32 100m: 1:08.57		36.25 150m: 1:46.24	37.67	200m: 2:23.84		37.60					
3. SARMIENTO OJEDA, Andrea	12	C.N. Aguacan								<b>2:38.19</b>	429
50m: 34.37 34.37 100m: 1:14.62		40.25 150m: 1:56.59	41.97	200m: 2:38.19		41.60					
4. LELAJ, Mirela Flora	11	C.N. Metropole								<b>2:43.41</b>	389
50m: 35.73 35.73 100m: 1:16.74		41.01 150m: 1:59.57	42.83	200m: 2:43.41		43.84					
5. MARTIN MELIAN, Raquel	99	Esna Lanzarote								<b>2:43.82</b>	386
50m: 38.80 38.80 100m: 1:20.70		41.90 150m: 2:03.18	42.48	200m: 2:43.82		40.64					
6. LOPEZ SOSA, Carla	09	Cn.Salinas Sta.Lucia								<b>2:44.43</b>	382
50m: 36.37 36.37 100m: 1:18.36		41.99 150m: 2:01.82	43.46	200m: 2:44.43		42.61					
7. PEREZ SUAREZ, Laura	01	C.N..Faynagua C. Telde								<b>2:51.20</b>	338
50m: 35.97 35.97 100m: 1:17.61		41.64 150m: 2:02.50	44.89	200m: 2:51.20		48.70					
8. CABALLERO RUIZ, Elena	11	C.N. Metropole								<b>2:54.23</b>	321
50m: 33.67 33.67 100m: 1:13.45		39.78 150m: 2:00.77	47.32	200m: 2:54.23		53.46					
9. DI BERNARDO, Virginia	11	Cn.Salinas Sta.Lucia								<b>2:57.53</b>	303
50m: 38.10 38.10 100m: 1:23.87		45.77 150m: 2:10.81	46.94	200m: 2:57.53		46.72					
10. MORENO DOMINGUEZ, Paola	07	C.N. Carucagua								<b>2:57.68</b>	302
50m: 38.89 38.89 100m: 1:23.36		44.47 150m: 2:10.91	47.55	200m: 2:57.68		46.77					
11. ALAMO SANTOS, Rocio	11	Club Deportivo Agaeterun								<b>2:58.78</b>	297
50m: 39.94 39.94 100m: 1:26.31		46.37 150m: 2:13.66	47.35	200m: 2:58.78		45.12					
12. HERRERA FIGUEIRAS, Tania	13	Esna Lanzarote								<b>2:58.97</b>	296
50m: 39.30 39.30 100m: 1:25.92		46.62 150m: 2:14.54	48.62	200m: 2:58.97		44.43					
13. MERCADO RODRIGUEZ, Lia	12	C.D. Nonadamos								<b>3:00.73</b>	287
50m: 39.56 39.56 100m: 1:25.12		45.56 150m: 2:13.01	47.89	200m: 3:00.73		47.72					
14. PERERA SOSA, Zayra	12	C.N. Aguacan								<b>3:03.90</b>	273
50m: 38.06 38.06 100m: 1:24.63		46.57 150m: 2:14.36	49.73	200m: 3:03.90		49.54					
15. PEREZ CERVILLA, Carla	09	C.D. Nonadamos								<b>3:06.95</b>	259
50m: 41.68 41.68 100m: 1:29.87		48.19 150m: 2:19.35	49.48	200m: 3:06.95		47.60					
16. FAJARDO SANCHEZ, Valeria	11	C.D. Herbania								<b>3:18.39</b>	217
50m: 42.09 42.09 100m: 1:32.86		50.77 150m: 2:25.94	53.08	200m: 3:18.39		52.45					
DSQ ESTEVEZ RAMOS, Claudia	13	C.P.Santa Mª De Guia									
<i>DND - Desc no realiar toda la distancia</i>											
Baja GIL ALAMO, Samirah	13	Club Deportivo Agaeterun									

Prueba 7  
22/11/2025

Masc., 100m Braza

Absoluto Masculino  
Resultados

Puntos: AQUA 2025

Clasificación	AN					Tiempo	Pts
1. SANCHEZ MEDINA, Ian	06	C.N. Metropole				<b>1:04.26</b>	636
50m: 30.02 30.02	100m: 1:04.26	34.24					
2. LEON JULIA, Marco	09	C.N. Metropole				<b>1:05.84</b>	591
50m: 31.25 31.25	100m: 1:05.84	34.59					
3. CERPA CABALLERO, Jonay Salvador	99	C.N. Aguacan				<b>1:07.33</b>	553
50m: 31.87 31.87	100m: 1:07.33	35.46					
4. ALVAREZ VALENCIA, Nestor	00	Esna Lanzarote				<b>1:08.94</b>	515
50m: 32.57 32.57	100m: 1:08.94	36.37					
5. RIOS ROMERO, Joaquin	04	C.D. Nonadamos				<b>1:09.82</b>	496
50m: 32.71 32.71	100m: 1:09.82	37.11					
6. GONZALEZ POU, Daniel	01	C.N. Aguacan				<b>1:11.32</b>	465
50m: 33.10 33.10	100m: 1:11.32	38.22					
7. BEDOYA OTERO, Omar	81	C.N. Valleverde				<b>1:12.25</b>	447
50m: 33.54 33.54	100m: 1:12.25	38.71					
8. MERINO FAJARDO, Eduardo	09	C.D. Nonadamos				<b>1:13.39</b>	427
50m: 33.99 33.99	100m: 1:13.39	39.40					
9. BETANCORT RODRIGUEZ, Javier	03	Esna Lanzarote				<b>1:14.63</b>	406
50m: 35.95 35.95	100m: 1:14.63	38.68					
10. CABRERA MAROTO, Jose	11	C.N. Carucagua				<b>1:16.37</b>	379
50m: 35.75 35.75	100m: 1:16.37	40.62					
11. CARDONA RAMIREZ, Jose Miguel	12	Cn.Salinas Sta.Lucia				<b>1:18.34</b>	351
50m: 36.47 36.47	100m: 1:18.34	41.87					
12. BENITEZ SUAREZ, Jorge	09	Club Deportivo Agaeterun				<b>1:19.27</b>	339
50m: 36.99 36.99	100m: 1:19.27	42.28					
13. ALAMO HERRERA, Jorge	11	Club Deportivo Agaeterun				<b>1:20.90</b>	319
50m: 38.60 38.60	100m: 1:20.90	42.30					
14. DUARTE RIVADO, Raul	90	C.N. Valleverde				<b>1:21.41</b>	313
50m: 37.59 37.59	100m: 1:21.41	43.82					
15. RIVERO MEDINA, Joel	05	Cn.Salinas Sta.Lucia				<b>1:22.73</b>	298
50m: 37.95 37.95	100m: 1:22.73	44.78					
16. VAN KERKHOF REGUERO, Jesper	09	C.N..Faynagua C. Telde				<b>1:22.92</b>	296
50m: 39.43 39.43	100m: 1:22.92	43.49					
17. RUANO ZERPA, Fabio	10	C.N..Faynagua C. Telde				<b>1:27.24</b>	254
50m: 41.54 41.54	100m: 1:27.24	45.70					
18. GUILLEN MORENO, Omar	12	C.P.Santa Mª De Guia				<b>1:28.91</b>	240
50m: 40.61 40.61	100m: 1:28.91	48.30					
19. MORERA VEGA, Aitor	11	C.N. Carucagua				<b>1:29.71</b>	233
50m: 41.07 41.07	100m: 1:29.71	48.64					



Prueba 7, Masc., 100m Braza, Absoluto Masculino

Clasificación	AN		Tiempo	Pts
20. HERRERA AYMAR, Sergio	13	C.P.Santa Mª De Guia	<b>1:33.16</b>	208
50m: 43.62 43.62 100m: 1:33.16		49.54		
21. SUAREZ ORTEGA, Aaron	13	C.N. Villa De Agüimes 2016	<b>1:37.69</b>	181
50m: 45.53 45.53 100m: 1:37.69		52.16		
22. ALVAREZ GONZALEZ, Hugo	12	C.D. Herbania	<b>1:39.88</b>	169
50m: 46.01 46.01 100m: 1:39.88		53.87		
23. TRICCA, Alexander	13	C.D. Herbania	<b>1:51.92</b>	120
50m: 51.14 51.14 100m: 1:51.92		1:00.78		

Prueba 8  
22/11/2025

Fem., 100m Braza

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Tiempo	Pts
1. CERPA CABALLERO, Xiomara Ma	01	C.N. Aguacan	<b>1:15.98</b>	552
50m: 35.58 35.58 100m: 1:15.98		40.40		
2. DENBY, Kennedy Hope	05	C.N. Las Palmas	<b>1:16.31</b>	545
50m: 36.46 36.46 100m: 1:16.31		39.85		
3. HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas	<b>1:17.66</b>	517
50m: 37.11 37.11 100m: 1:17.66		40.55		
4. ARIAS FREIRE, Sophia Alejandra	10	Cn.Salinas Sta.Lucia	<b>1:18.48</b>	501
50m: 36.69 36.69 100m: 1:18.48		41.79		
5. QUIROS FERNANDEZ, Eva	12	C.N. Metropole	<b>1:19.63</b>	480
50m: 37.36 37.36 100m: 1:19.63		42.27		
6. MENDEZ RAMIREZ, Zoe	12	Cn.Salinas Sta.Lucia	<b>1:21.59</b>	446
50m: 38.62 38.62 100m: 1:21.59		42.97		
7. GLENESK FLORES, Lucia	08	C.D. Herbania	<b>1:21.92</b>	441
50m: 38.27 38.27 100m: 1:21.92		43.65		
8. GODOY FALCON, Ma Daniela	06	C.P.Santa Mª De Guia	<b>1:21.98</b>	440
50m: 38.79 38.79 100m: 1:21.98		43.19		
9. SANTANA RAMIREZ, Carmen	07	C.N. Metropole	<b>1:23.17</b>	421
50m: 39.54 39.54 100m: 1:23.17		43.63		
10. MORALES GONZALEZ, Aroa	08	C.N. Aguacan	<b>1:24.54</b>	401
50m: 39.56 39.56 100m: 1:24.54		44.98		
11. GONZALEZ GONZALEZ, Aitana	10	C.D. Nonadamos	<b>1:25.12</b>	393
50m: 40.35 40.35 100m: 1:25.12		44.77		
12. FERRERA VILAR, Nayade	12	C.D. Nonadamos	<b>1:27.82</b>	358
50m: 40.91 40.91 100m: 1:27.82		46.91		
13. BRAUN, Zoe	11	Esna Lanzarote	<b>1:28.71</b>	347
50m: 41.38 41.38 100m: 1:28.71		47.33		



Prueba 8, Fem., 100m Braza, Absoluto Femenino

Clasificación	AN		Tiempo	Pts
14. CAMACHO TOLEDO, Aitana	14	Esna Lanzarote	<b>1:28.80</b>	346
50m: 41.70 41.70 100m: 1:28.80		47.10		
15. GIMENEZ CASTILLA, Maria	07	C.N..Faynagua C. Telde	<b>1:29.74</b>	335
50m: 43.18 43.18 100m: 1:29.74		46.56		
16. ORTEGA QUINTANA, Elena	11	C.N. Carucagua	<b>1:34.04</b>	291
50m: 44.26 44.26 100m: 1:34.04		49.78		
17. JIMENEZ BENITEZ, Irene	13	Club Deportivo Agaeterun	<b>1:37.22</b>	263
50m: 46.80 46.80 100m: 1:37.22		50.42		
18. SANTANA RODRIGUEZ, Laura	11	C.N. Valleverde	<b>1:43.18</b>	220
50m: 49.67 49.67 100m: 1:43.18		53.51		
19. CARRASCOSA SANTAMARIA, Sara	08	C.N..Faynagua C. Telde	<b>1:45.30</b>	207
50m: 48.82 48.82 100m: 1:45.30		56.48		
20. SANTANA RIO, Leire	12	Club Deportivo Agaeterun	<b>1:45.38</b>	207
50m: 50.80 50.80 100m: 1:45.38		54.58		
21. RUIZ DIAZ, Julia	10	C.N. Carucagua	<b>1:52.02</b>	172
50m: 51.30 51.30 100m: 1:52.02		1:00.72		

Prueba 9  
22/11/2025

Masc., 1500m Libre

Absoluto Masculino  
Resultados

Puntos: AQUA 2025

Clasificación	AN		Tiempo	Pts
1. COCERA CORDON, Yare	05	C.N. Metropole	<b>16:25.08</b>	635
50m: 28.92 28.92 450m: 4:43.92 32.58 850m: 9:09.36 33.43 1250m: 13:39.34 34.03				
100m: 59.91 30.99 500m: 5:16.84 32.92 900m: 9:42.17 32.81 1300m: 14:13.49 34.15				
150m: 1:31.20 31.29 550m: 5:49.72 32.88 950m: 10:15.56 33.39 1350m: 14:47.89 34.40				
200m: 2:03.03 31.83 600m: 6:22.63 32.91 1000m: 10:49.35 33.79 1400m: 15:22.23 34.34				
250m: 2:34.88 31.85 650m: 6:56.15 33.52 1050m: 11:23.26 33.91 1450m: 15:56.51 34.28				
300m: 3:06.63 31.75 700m: 7:28.99 32.84 1100m: 11:57.53 34.27 1500m: 16:25.08 28.57				
350m: 3:38.99 32.36 750m: 8:02.57 33.58 1150m: 12:31.54 34.01				
400m: 4:11.34 32.35 800m: 8:35.93 33.36 1200m: 13:05.31 33.77				
2. GOMEZ RODRIGUEZ, Daniel	09	C.N. Aguacan	<b>16:44.07</b>	600
50m: 28.64 28.64 450m: 4:51.19 33.63 850m: 9:22.01 33.76 1250m: 13:55.83 34.22				
100m: 1:00.10 31.46 500m: 5:25.10 33.91 900m: 9:56.11 34.10 1300m: 14:30.41 34.58				
150m: 1:31.70 31.60 550m: 5:59.09 33.99 950m: 10:30.21 34.10 1350m: 15:04.77 34.36				
200m: 2:03.98 32.28 600m: 6:33.04 33.95 1000m: 11:04.56 34.35 1400m: 15:39.31 34.54				
250m: 2:37.23 33.25 650m: 7:06.48 33.44 1050m: 11:38.62 34.06 1450m: 16:13.38 34.07				
300m: 3:10.59 33.36 700m: 7:40.31 33.83 1100m: 12:13.23 34.61 1500m: 16:44.07 30.69				
350m: 3:43.85 33.26 750m: 8:14.46 34.15 1150m: 12:47.22 33.99				
400m: 4:17.56 33.71 800m: 8:48.25 33.79 1200m: 13:21.61 34.39				

Prueba 9, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN								Tiempo		Pts	
3.	SANTANA SARMIENTO, Miguel			83	C.N..Faynagua C. Telde				17:01.52		569	
	50m:	32.56	32.56	450m:	5:05.09	34.06	850m:	9:37.38	34.28	1250m:	14:13.04	34.67
	100m:	1:06.96	34.40	500m:	5:38.80	33.71	900m:	10:11.82	34.44	1300m:	14:47.69	34.65
	150m:	1:41.22	34.26	550m:	6:12.92	34.12	950m:	10:46.18	34.36	1350m:	15:22.31	34.62
	200m:	2:15.50	34.28	600m:	6:46.87	33.95	1000m:	11:20.73	34.55	1400m:	15:56.79	34.48
	250m:	2:49.63	34.13	650m:	7:20.83	33.96	1050m:	11:55.07	34.34	1450m:	16:30.38	33.59
	300m:	3:23.39	33.76	700m:	7:54.86	34.03	1100m:	12:29.37	34.30	1500m:	17:01.52	31.14
	350m:	3:57.29	33.90	750m:	8:28.98	34.12	1150m:	13:03.73	34.36			
	400m:	4:31.03	33.74	800m:	9:03.10	34.12	1200m:	13:38.37	34.64			
4.	SANTANA RAMIREZ, Adrian			08	Cn.Salinas Sta.Lucia				17:44.72		503	
	50m:	29.01	29.01	450m:	5:06.62	35.72	850m:	9:58.78	36.52	1250m:	14:48.53	35.68
	100m:	1:00.97	31.96	500m:	5:42.76	36.14	900m:	10:35.43	36.65	1300m:	15:24.43	35.90
	150m:	1:35.07	34.10	550m:	6:19.29	36.53	950m:	11:12.02	36.59	1350m:	16:00.57	36.14
	200m:	2:09.45	34.38	600m:	6:55.95	36.66	1000m:	11:48.26	36.24	1400m:	16:35.76	35.19
	250m:	2:44.54	35.09	650m:	7:32.26	36.31	1050m:	12:23.96	35.70	1450m:	17:11.22	35.46
	300m:	3:19.54	35.00	700m:	8:09.02	36.76	1100m:	13:00.02	36.06	1500m:	17:44.72	33.50
	350m:	3:55.28	35.74	750m:	8:45.44	36.42	1150m:	13:36.48	36.46			
	400m:	4:30.90	35.62	800m:	9:22.26	36.82	1200m:	14:12.85	36.37			
5.	HENRIQUEZ HERNANDEZ, Rafael			87	C.N. Aguacan				18:09.98		469	
	50m:	33.03	33.03	450m:	5:17.45	35.99	850m:	10:09.85	36.90	1250m:	15:07.55	37.16
	100m:	1:08.00	34.97	500m:	5:53.34	35.89	900m:	10:47.02	37.17	1300m:	15:44.68	37.13
	150m:	1:43.17	35.17	550m:	6:30.02	36.68	950m:	11:23.92	36.90	1350m:	16:21.62	36.94
	200m:	2:18.62	35.45	600m:	7:06.45	36.43	1000m:	12:01.36	37.44	1400m:	16:59.06	37.44
	250m:	2:54.20	35.58	650m:	7:42.94	36.49	1050m:	12:38.56	37.20	1450m:	17:35.32	36.26
	300m:	3:29.78	35.58	700m:	8:19.67	36.73	1100m:	13:15.88	37.32	1500m:	18:09.98	34.66
	350m:	4:05.53	35.75	750m:	8:56.39	36.72	1150m:	13:53.23	37.35			
	400m:	4:41.46	35.93	800m:	9:32.95	36.56	1200m:	14:30.39	37.16			
6.	ALAMO ESPINO, Joaquin			09	Club Deportivo Agaeterun				18:14.28		463	
	50m:	31.60	31.60	450m:	5:22.00	37.31	850m:	10:17.10	36.70	1250m:	15:14.87	37.08
	100m:	1:06.13	34.53	500m:	5:58.82	36.82	900m:	10:54.38	37.28	1300m:	15:52.06	37.19
	150m:	1:41.80	35.67	550m:	6:35.38	36.56	950m:	11:31.80	37.42	1350m:	16:28.23	36.17
	200m:	2:17.68	35.88	600m:	7:12.01	36.63	1000m:	12:09.12	37.32	1400m:	17:04.94	36.71
	250m:	2:53.88	36.20	650m:	7:48.90	36.89	1050m:	12:45.67	36.55	1450m:	17:41.57	36.63
	300m:	3:30.42	36.54	700m:	8:25.97	37.07	1100m:	13:23.32	37.65	1500m:	18:14.28	32.71
	350m:	4:07.41	36.99	750m:	9:03.18	37.21	1150m:	14:00.38	37.06			
	400m:	4:44.69	37.28	800m:	9:40.40	37.22	1200m:	14:37.79	37.41			
7.	FDEZ DIAZ, Santiago			06	Esna Lanzarote				18:41.24		430	
	50m:	32.05	32.05	450m:	5:26.71	37.60	850m:	10:28.12	38.19	1250m:	15:33.44	38.72
	100m:	1:07.12	35.07	500m:	6:04.39	37.68	900m:	11:06.04	37.92	1300m:	16:12.06	38.62
	150m:	1:43.13	36.01	550m:	6:41.96	37.57	950m:	11:44.07	38.03	1350m:	16:50.42	38.36
	200m:	2:19.89	36.76	600m:	7:19.50	37.54	1000m:	12:21.94	37.87	1400m:	17:28.79	38.37
	250m:	2:57.11	37.22	650m:	7:57.01	37.51	1050m:	12:59.73	37.79	1450m:	18:07.26	38.47
	300m:	3:34.39	37.28	700m:	8:34.52	37.51	1100m:	13:38.39	38.66	1500m:	18:41.24	33.98
	350m:	4:11.77	37.38	750m:	9:12.45	37.93	1150m:	14:16.64	38.25			
	400m:	4:49.11	37.34	800m:	9:49.93	37.48	1200m:	14:54.72	38.08			

Prueba 9, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN								Tiempo		Pts	
8.	DIAZ ALAMO, Matias			11	Club Deportivo Agaeterun				18:43.72		428	
	50m:	32.72	32.72	450m:	5:33.45	38.20	850m:	10:40.93	38.21	1250m:	15:42.87	37.33
	100m:	1:09.22	36.50	500m:	6:11.57	38.12	900m:	11:18.55	37.62	1300m:	16:19.66	36.79
	150m:	1:46.62	37.40	550m:	6:49.53	37.96	950m:	11:56.53	37.98	1350m:	16:56.49	36.83
	200m:	2:24.15	37.53	600m:	7:28.02	38.49	1000m:	12:34.21	37.68	1400m:	17:33.91	37.42
	250m:	3:01.60	37.45	650m:	8:07.26	39.24	1050m:	13:12.16	37.95	1450m:	18:10.55	36.64
	300m:	3:39.23	37.63	700m:	8:45.97	38.71	1100m:	13:49.77	37.61	1500m:	18:43.72	33.17
	350m:	4:17.34	38.11	750m:	9:24.10	38.13	1150m:	14:27.83	38.06			
	400m:	4:55.25	37.91	800m:	10:02.72	38.62	1200m:	15:05.54	37.71			
9.	PEREZ CERVILLA, Daniel			07	C.D. Nonadamos				19:05.52		404	
	50m:	34.17	34.17	450m:	5:34.96	38.07	850m:	10:41.28	38.78	1250m:	15:54.82	39.44
	100m:	1:09.86	35.69	500m:	6:12.66	37.70	900m:	11:20.06	38.78	1300m:	16:33.85	39.03
	150m:	1:47.38	37.52	550m:	6:50.98	38.32	950m:	11:59.32	39.26	1350m:	17:12.74	38.89
	200m:	2:25.03	37.65	600m:	7:29.16	38.18	1000m:	12:38.49	39.17	1400m:	17:51.24	38.50
	250m:	3:03.09	38.06	650m:	8:07.64	38.48	1050m:	13:17.14	38.65	1450m:	18:28.88	37.64
	300m:	3:40.91	37.82	700m:	8:45.74	38.10	1100m:	13:56.71	39.57	1500m:	19:05.52	36.64
	350m:	4:18.90	37.99	750m:	9:23.98	38.24	1150m:	14:35.86	39.15			
	400m:	4:56.89	37.99	800m:	10:02.50	38.52	1200m:	15:15.38	39.52			
10.	GIL RODRIGUEZ, Himar			11	C.N. Carucagua				19:23.76		385	
	50m:	32.67	32.67	450m:	5:35.25	39.12	850m:	10:50.24	39.95	1250m:	16:10.11	39.57
	100m:	1:09.04	36.37	500m:	6:14.65	39.40	900m:	11:30.29	40.05	1300m:	16:49.78	39.67
	150m:	1:46.47	37.43	550m:	6:54.21	39.56	950m:	12:10.14	39.85	1350m:	17:30.06	40.28
	200m:	2:23.89	37.42	600m:	7:33.87	39.66	1000m:	12:50.19	40.05	1400m:	18:10.22	40.16
	250m:	3:01.52	37.63	650m:	8:13.32	39.45	1050m:	13:30.50	40.31	1450m:	18:47.90	37.68
	300m:	3:39.48	37.96	700m:	8:51.23	37.91	1100m:	14:10.30	39.80	1500m:	19:23.76	35.86
	350m:	4:17.88	38.40	750m:	9:31.27	40.04	1150m:	14:50.92	40.62			
	400m:	4:56.13	38.25	800m:	10:10.29	39.02	1200m:	15:30.54	39.62			
11.	MACHIN CABRERA, Roberto			93	C.N. Valleverde				20:59.64		303	
	50m:	35.42	35.42	450m:	6:00.84	41.54	850m:	11:39.21	42.77	1250m:	17:24.23	43.68
	100m:	1:14.11	38.69	500m:	6:42.65	41.81	900m:	12:22.02	42.81	1300m:	18:08.01	43.78
	150m:	1:54.23	40.12	550m:	7:24.44	41.79	950m:	13:04.59	42.57	1350m:	18:51.88	43.87
	200m:	2:34.71	40.48	600m:	8:06.82	42.38	1000m:	13:47.32	42.73	1400m:	19:35.42	43.54
	250m:	3:16.01	41.30	650m:	8:48.37	41.55	1050m:	14:30.92	43.60	1450m:	20:18.90	43.48
	300m:	3:57.63	41.62	700m:	9:31.22	42.85	1100m:	15:14.05	43.13	1500m:	20:59.64	40.74
	350m:	4:38.23	40.60	750m:	10:13.61	42.39	1150m:	15:57.20	43.15			
	400m:	5:19.30	41.07	800m:	10:56.44	42.83	1200m:	16:40.55	43.35			
12.	MICO FERNANDEZ, Pedro			11	C.D. Herbania				21:46.09		272	
	50m:	37.02	37.02	450m:	6:21.84	44.32	850m:	12:16.83	44.17	1250m:	18:10.29	44.43
	100m:	1:17.71	40.69	500m:	7:06.07	44.23	900m:	13:00.91	44.08	1300m:	18:54.58	44.29
	150m:	1:59.55	41.84	550m:	7:50.52	44.45	950m:	13:45.67	44.76	1350m:	19:38.33	43.75
	200m:	2:42.46	42.91	600m:	8:35.12	44.60	1000m:	14:30.78	45.11	1400m:	20:22.70	44.37
	250m:	3:25.41	42.95	650m:	9:19.66	44.54	1050m:	15:14.63	43.85	1450m:	21:06.37	43.67
	300m:	4:08.56	43.15	700m:	10:04.02	44.36	1100m:	15:57.90	43.27	1500m:	21:46.09	39.72
	350m:	4:53.64	45.08	750m:	10:48.32	44.30	1150m:	16:41.74	43.84			
	400m:	5:37.52	43.88	800m:	11:32.66	44.34	1200m:	17:25.86	44.12			

Prueba 10  
22/11/2025

Fem., 4 x 200m Libre

Absoluto Femenino  
Resultados

Puntos: AQUA 2025

Clasificación

							Tiempo	Pts
1.	C.N. Las Palmas 1		C.N. Las Palmas				<b>8:24.55</b>	710 RR ABS
	NANNUCCI, Bianca	08		27.90	29.58	30.18	30.14	1:57.80
	ULIBARRI SANCHEZ, Ines	09	0.00	30.02	33.13	33.66	32.85	2:09.66
	BELLO CODINA, Julia	08	0.00	29.87	33.50	34.56	33.84	2:11.77
	DENBY, Kennedy Hope	05	0.00	28.95	31.62	32.33	32.42	2:05.32
2.	C.N. Metropole 1		C.N. Metropole				<b>8:53.80</b>	599
	PEREZ RAMOS, Alba	10		30.49	32.85	35.31	36.10	2:14.75
	BENITEZ BRITO, Ana	10	0.00	29.98	34.05	36.09	35.05	2:15.17
	PISA, Maria Sofia	11	0.00	31.34	34.68	34.26	33.43	2:13.71
	AGUIAR ESPINO, Olivia	09	0.00	29.57	32.59	33.87	34.14	2:10.17
3.	C.N. Aguacan 1		C.N. Aguacan				<b>9:06.61</b>	558
	DE CASTRO URQUIOLA, Helena	04		31.45	33.64	34.83	34.96	2:14.88
	SUAREZ MACIAS, Gabriela	09	0.00	31.48	35.84	36.67	36.39	2:20.38
	HERNANDEZ CASTRILLO, Yessica	00	0.00	31.18	33.84	34.93	35.49	2:15.44
	SARMIENTO OJEDA, Andrea	12	0.00	30.82	34.60	35.81	34.68	2:15.91
4.	Esna Lanzarote 1		Esna Lanzarote				<b>9:21.23</b>	515
	RJO MARTIN, Sara	08		31.73	34.42	35.87	36.02	2:18.04
	MARTIN MELIAN, Raquel	99	0.00	32.90	35.55	35.98	35.97	2:20.40
	LORENZO GONZALEZ, Victoria	12	0.00	33.22	35.82	36.37	35.08	2:20.49
	PEREZ MUÑOZ, Claudia	08	0.00	31.37	35.38	38.05	37.50	2:22.30
5.	Club Deportivo Agaeterun 1		Club Deportivo Agaeterun				<b>9:34.12</b>	481
	CABRERA VERASTEGUI, Maria	12		34.75	38.07	39.58	38.46	2:30.86
	QUINTILLA MODREGO, Laia	88	0.00	30.11	33.02	35.16	35.77	2:14.06
	ALAMO HERRERA, Julia	07	0.00	32.40	38.13	39.83	39.23	2:29.59
	QUINTANA SUAREZ, Miriam	10	0.00	32.60	35.52	36.56	34.93	2:19.61
6.	Cn.Salinas Sta.Lucia 1		Cn.Salinas Sta.Lucia				<b>9:35.30</b>	478
	LOPEZ SOSA, Carla	09		32.84	35.54	36.94	36.93	2:22.25
	ARIAS FREIRE, Sophia Alejandra	10	0.00	34.04	38.45	39.18	38.13	2:29.80
	FERNANDEZ ANDRES, Lola	11	0.00	31.76	36.00	37.41	35.66	2:20.83
	DI BERNARDO, Virginia	11	0.00	31.90	36.66	37.86	36.00	2:22.42
7.	C.D. Nonadamos 1		C.D. Nonadamos				<b>9:47.09</b>	450
	MARTIN MARTIN, Nerea	11		31.35	34.43	35.39	33.93	2:15.10
	GONZALEZ GONZALEZ, Aitana	10	0.00	34.52	37.56	40.02	35.97	2:28.07
	MERCADO RODRIGUEZ, Lia	12	0.00	38.08	39.81	39.19	38.37	2:35.45
	GARCIA CERVANTES, Laura	89	0.00	33.65	37.94	38.70	38.18	2:28.47
8.	C.N..Faynagua C. Telde 1		C.N..Faynagua C. Telde				<b>10:03.57</b>	414
	PULIDO MAYOR, Sheila	98		32.14	34.85	35.56	35.90	2:18.45
	GIMENEZ CASTILLA, Maria	07	0.00	33.02	37.41	38.79	38.82	2:28.04
	CARRASCOSA SANTAMARIA, Sara	08	0.00	35.76	41.42	43.45	40.66	2:41.29
	PEREZ SUAREZ, Laura	01	0.00	35.55	39.68	40.90	39.66	2:35.79
9.	C.N. Carucagua 1		C.N. Carucagua				<b>10:03.73</b>	414
	ALAMO MATOS, Ariadna	09		33.15	36.92	37.89	36.91	2:24.87
	NUEZ CABRERA, Alba	09	0.00	35.51	39.45	42.00	40.92	2:37.88
	FALCON AFONSO, Ines	13	0.00	35.34	38.79	39.42	37.64	2:31.19
	MORENO DOMINGUEZ, Paola	07	0.00	36.43	38.98	38.72	35.66	2:29.79

Prueba 10, Fem., 4 x 200m Libre, Absoluto Femenino

Clasificación

								Tiempo	Pts
10.	C.D. Herbania 1			C.D. Herbania				<b>10:18.96</b>	384
	TOBAL FEBLES, Helena	13		34.51	38.31	40.43	39.42	2:32.67	
	FAJARDO SANCHEZ, Valeria	11	0.00	36.25	41.39	42.77	42.14	2:42.55	
	NARANJO NOVAL, Lucia	10	0.00	35.15	37.43	40.77	38.90	2:32.25	
	GLENESK FLORES, Lucia	08	0.00	34.10	38.28	39.76	39.35	2:31.49	
11.	C.N. Valleverde 1			C.N. Valleverde				<b>10:37.58</b>	351
	PERCANNELLA, Giada	07		34.58	38.70	40.60	40.15	2:34.03	
	TABARES HERNANDEZ, Daniela	09	0.00	37.27	41.98	43.78	41.95	2:44.98	
	DE MARCO CASTAÑO, Natalia	08	0.00	32.30	35.07	35.72	36.25	2:19.34	
	NAVARRO PARRILLA, Aisha	11	0.00	39.74	43.53	45.19	50.77	2:59.23	

Prueba 11  
22/11/2025

Masc., 4 x 100m Libre

Absoluto Masculino  
Resultados

Puntos: AQUA 2025

Clasificación

								Tiempo	Pts
1.	C.N. Metropole 1			C.N. Metropole				<b>3:29.79</b>	649
	ALONSO DOMINGUEZ, Manuel	25.50		52.67	LEON ACOSTA, Hugo	0.00	24.94	52.53	
	SANTOS CABRERA, Daniel	0.00	25.46	53.55	VACCARI MARCHETTI, Federico	0.00	24.19	51.04	
2.	C.N. Aguacan 1			C.N. Aguacan				<b>3:34.56</b>	606
	MAÑOJIL CABRERA, Sergio	25.70		53.11	SALUTREGUI GOMEZ, Nicolas	0.00	25.25	53.93	
	CHAVARREN CORUJO, Asier	0.00	26.27	54.13	MARTIN SUAREZ, Alejandro	0.00	25.32	53.39	
3.	Esna Lanzarote 1			Esna Lanzarote				<b>3:37.46</b>	582
	MANZATTO VACCARO, Nicolas	25.12		52.35	BETANCORT RODRIGUEZ, Javier	0.00	26.09	54.74	
	COLODRERO MUÑOZ, Ivan	0.00	26.03	54.15	ARANDA GALLEGO, Jose Juan	0.00	26.82	56.22	
4.	Cn.Salinas Sta.Lucia 1			Cn.Salinas Sta.Lucia				<b>3:44.25</b>	531
	VILLANUEVA JODKO, Aleksander	25.58		54.42	RAMIREZ MORALES, Sergio C.	0.00	25.93	55.00	
	OUBIÑA CORVALAN, Marcos A	0.00	27.01	57.38	SANTANA RAMIREZ, Adrian	0.00	27.55	57.45	
5.	C.D. Nonadamos 1			C.D. Nonadamos				<b>3:59.23</b>	437
	ESTRADA GARCIA, Borja	28.73		1:00.12	PEREZ CERVILLA, Daniel	0.00	30.67	1:01.93	
	VIERA VIERA, Acoran	0.00	28.66	1:00.25	RIOS ROMERO, Joaquin	0.00	26.93	56.93	
6.	Club Deportivo Agaeterun 1			Club Deportivo Agaeterun				<b>4:04.19</b>	411
	ALAMO SANTOS, Alberto Bruno	28.76		59.62	BENITEZ SUAREZ, Jorge	0.00	28.96	1:02.49	
	MONZON HENRIQUEZ, Hugo	0.00	29.86	59.96	DAMIANI, Giorgio	0.00	30.40	1:02.12	
7.	C.D. Herbania 1			C.D. Herbania				<b>4:05.65</b>	404
	TOBAL FEBLES, Gabriel	28.55		57.62	AVERO RODRIGUEZ, Angel	0.00	28.46	59.53	
	CARRERO SERRANO, Marcos D	0.00	26.96	57.66	CARRERO SERRANO, Gabriel Jh	0.00	33.73	1:10.84	
8.	C.N. Valleverde 1			C.N. Valleverde				<b>4:06.02</b>	402
	BEDOYA OTERO, Omar	29.13		1:00.78	DUARTE RIVADO, Raul	0.00	29.98	1:03.65	
	SOSA LA CAMERA, Daniel Nauz	0.00	28.40	1:00.58	RODRIGUEZ PULIDO, Daniel	0.00	27.55	1:01.01	
9.	C.N..Faynagua C. Telde 1			C.N..Faynagua C. Telde				<b>4:06.29</b>	401
	CARAMES HUERTAS, Oriol	29.11		58.99	VAN KERKHOF REGUERO, Jespe	0.00	30.84	1:04.89	
	CAMPANALUNGA MORALES, Fa	0.00	28.23	58.13	RUANO ZERPA, Fabio	0.00	31.45	1:04.28	
10.	C.N. Carucagua 1			C.N. Carucagua				<b>4:10.01</b>	383
	PONCE PADRON, Ignacio	28.60		59.52	GIL RODRIGUEZ, Himar	0.00	28.47	1:02.10	
	HERNANDEZ GODOY, Juan Gabr	0.00	30.93	1:07.08	QUINTANA BENITEZ, Marcos	0.00	28.87	1:01.31	

Prueba 11, Masc., 4 x 100m Libre, Absoluto Masculino

Clasificación

							Tiempo	Pts
11.	C.P.Santa M <sup>a</sup> De Guia 1			C.P.Santa M <sup>a</sup> De Guia			<b>4:32.70</b>	295
	GUILLEN PEÑA, Victor	27.49	56.84	PADRON GARCIA, Mauro	0.00	34.76	1:13.04	
	GUILLEN MORENO, Omar	0.00	35.95	GONZALEZ RODRIGUEZ, Javier	0.00	30.49	1:05.00	
12.	C.N. Villa De Agüimes 2016 1			C.N. Villa De Agüimes 2016			<b>4:44.34</b>	260
	PARDO, Alessandro Francesco	30.78	1:03.91	SUAREZ ORTEGA, Aaron	0.00	39.01	1:22.20	
	RODRIGUEZ SANTANA, Mario	0.00	32.30	CARRETERO LLARENA, Yeron	0.00	32.80	1:11.15	